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Awareness

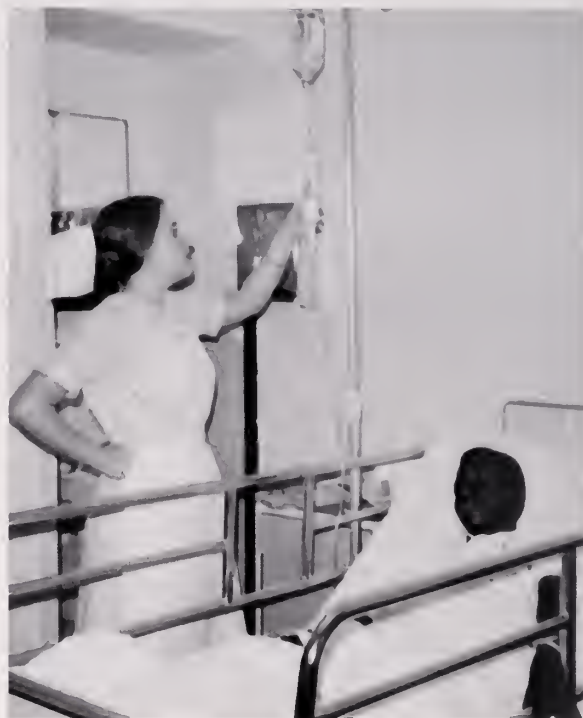
Today mankind is caught up in the midst of a fast-paced, commercialized, and highly computerized society. Each day brings new tasks to add to an already overburdened load, and there is never enough time to do them all. In the fury of this pace one has no time to stop and think - only to act and react. But there is more to living than this superficial existence of speed, light, and machine. Man must take time to stop ... and let his God given senses absorb the glories of life which were first placed on this earth for him.

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The search for knowledge is basic to the building of one's awareness. Each new day brings new learning experiences whether it be from working with patients, lectures in anatomy, or just listening to each other.







The miracle of a new life is a most humbling experience. It brings to stunning awareness how much man as yet does not understand, and yet desires to know.



ADMINISTRATION

Tenderly now
let all men
turn to the earth

Nancy Newhall





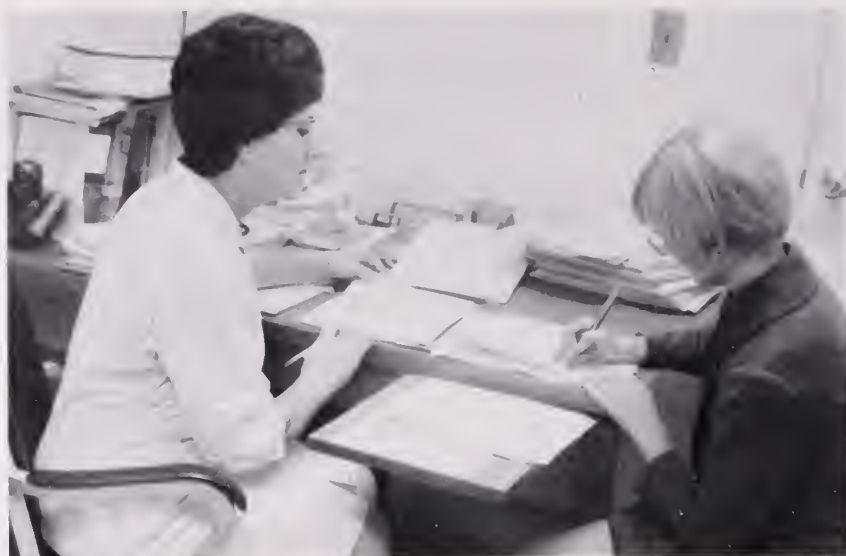
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Director
School Of Nursing





Mr. C. Robert Peery
Administrator
Portsmouth General
Hospital





FACULTY

. . . that gray color . . . which nature loves; color of unpainted wood, weather-stain; time-stain; not glaring nor gaudy; the color of all roofs, the color of all things that endure . . .

David Thoreau





Mrs. Margaret Brown
Fundamentals Of Nursing



Mrs. Elsie Futrell
Drugs And Solutions
Pharmacology



Mrs. B. J. Jackson
Medical-Surgical Nursing



Mrs. Susan Clark
Pediatrics



Miss Mary Jo King
Obstetrics



Mrs. Pauline King
Medical-Surgical Nursing IV



**Mrs. Elizabeth
Warrington**
Health Nurse



Mrs. Sally Dellinger
Librarian



Mrs. Connie Richardson
Secretary

Housemothers

**Mrs. Gregory
Mrs. Bowen
Mrs. Stublin**





CLASSES

You must not know too much, or be too precise or scientific
about birds and trees and flowers and watercraft; . . .

Walt Whitman



Old Dominion University

A search for a new awareness begins as freshmen in the halls of a university. The learning gained here will act as a foundation for what is to come afterwards.







Fundamentals Of Nursing

It is here, in this class that the student becomes more fully aware of the basic nursing skills as well as her duties and responsibilities toward the patient. One must never forget that the patient's comfort and health come first.





Drugs And Solutions And Pharmacology

Who can forget all those
table of equivalents that
had to be memorized? But
that was nothing compared to
the day you gave your first
injection to your "best friend."





Medical Surgical Nursing I and II

Getting down to "practicals," the juniors can now see how the learned theory relates to the care and observations made about their own patients. The only problem is in trying to remember everything you are suppose to chart.





Psychiatric Nursing **Crownsville, Maryland**



Mrs. Hawkins



Mrs. H. M. Ladue





Obstetric Nursing







Pediatric Nursing





Leadership Skills





Professional Adjustments

Seminars







SENIORS

Time is but the stream I go a-fishing in. I drink at it; but while I drink I see the sandy bottom and detect how shallow it is. Its thin current slides away, but eternity remains.

David Thoreau



JANE LAYMAN AARON

"Those who are really happy are those who have sought and found how to serve."

LOIS MARIA BRITTO

"The dew of compassion is a tear."



MARY KATHRYN DORSON

"For yesterday is but a dream and tomorrow is only a vision but today well lived makes every yesterday a dream of happiness and tomorrow a vision of hope."



CONSTANCE HERRING ELLIS

"I am not afraid of tomorrow for I have seen yesterday and I love today."



JANIE BURLINE FERGUSON

"Success is to be measured not so much by the position that one has reached in life, as by the obstacles which he has overcome while trying to succeed."



DIXIE LEE HESS

"The thoughts you think will irradiate you as though you are a transparent vase."





JUNE HENRY KUBE

"All people smile in the same language."

EDMOND KENNETH O'LEARY

"Not everything that is faced can be changed; but nothing can be changed until it is faced."



ZELDA LORRAINE ROBERSON

". . . Let us run with patience the race that is set before us."

CYNTHIA LEIGH RUDOLPH

"Happiness is being committed to something more than your own small world."



DIANE ELYNOR SAVAGE

**"If you cannot do great things,
do small things in a great way."**



CLASS OFFICERS

Janie - S.C. Representative, Mary
Kay - Hist., Ken - Treas., Lois -
S.C. Representative, Dixie - Pres.,
Cyndy - Parl., Diane - Sec.
Not Pictured - Lorraine - Vice-Pres.
Mrs. Susan Clark - Advisor





Can you remember September 8, 1970? The thoughts and feelings you experienced that day? How about all those strange, new faces? Remember the upperclassmen laughing and warning you of the welcoming they had planned for you, the Class of '73, the new "Rats" of P.G.H. School of Nursing.

Do you remember the early morning bus rides to O.D.U. still half asleep, only to be awakened by the smell of Formaldehyde and a skinned cat.

Interpersonal relationships, looking and acting professional, tight beds, and the underlying principles sounded like a mighty big order to fill. However, under "Mother Edwards" encouraging guidance the pieces began to fit together.

Summer's here! Only no fun in the sun for you. Mrs. Jackson is determined to make you think of that "what else," and how many reams of notebook paper did you buy that summer for Mrs. Futrell??

At last, a chance to catch your breath while Mrs. Jackson added to your knowledge with Medical-Surgical Nursing II and III.

Now it's off to Crownsville, Maryland. Do you remember our built in alarm clock in the H-Y Building. Never have heard a bell quite like that since! Do you remember the good meals - June does - she really "fell" for breakfast. It was too bad Connie couldn't be with us - certainly some of her "home remedies" would have made a difference in the lives of the patients.

Do you remember your "Summer of '72?" Medical-Surgical Nursing IV with Mrs. King. The bones and the brain - emergencies and intensive care. You may not have acquired a sun tan - but you did acquire much knowledge.

September 1972 - seniors. How do you feel? Ecstatic? Anxious? Fearful? Miss King labored continuously to deliver us with a knowledge of Obstetrics, and Mrs. Clark helped us to "grow and develop" in a knowledge of the Nursing of Children. Meanwhile Mrs. Daniels endeavored to adjust us Professionally.

Petrified we approached Senior Seminars. Did you have a case of the nervous diarrhea?? Teachers for a day was almost too much to imagine - but you made it - and it wasn't as bad as you thought, maybe?!

Apprehensively but eagerly we began Leadership Skills with Mrs. King. Did you get your days and nights mixed up working 3-11 and 11-7?

April 27 - our farewell dance. A night we'll all remember. A farewell to many happy and sad times that had drawn us all together over the past 2 1/2 years.

May 18, 1973, 8:00 P.M. - graduation, white uniforms, black bands, and the final reward for much hard work. It is now time for the real test - self realization in a new capacity.

Senior Caricatures



CYNDY - Most Likely to Succeed



DIXIE - Most Organized



LORRAINE - Most Sincere



JUNE - Most Inquisitive



LOIS -
Most Enthusiastic



JANE -
Most Determined



DIANE -
Sleepiest



KEN - Most Courageous



MARY KAY - Wittiest

CONNIE - Most Imaginative



JANIE - Most Artistic



Self Expression Through Interaction



Enjoyment Is Part Of Life's Fulfillment



Moments Of Solitude



Enthusiasm vs. Apathy





JUNIORS

What is the value of solitude?

— of peace, of light, of silence?

What is the cost of freedom?

Nancy Newhall



CINDY ASHE



DEBBIE BAUM



TERRI BOWSER



CAROL CHANTRY



SUSAN CHICCINO



RUTH CHILDRESS



CINDY CLARK



MARIE CULPEPPER



SUSAN JENSEN



BETH FABIAN



EMILY LANGFORD



HARRY POLAND



VANESSA HARMON



JANET MIZELLE



SANDY PORTER



SANDY WHITAKER



PHYLLIS SMITH



CONNIE SHALLER



JANET TRASK



LORIE SCHUESSLER

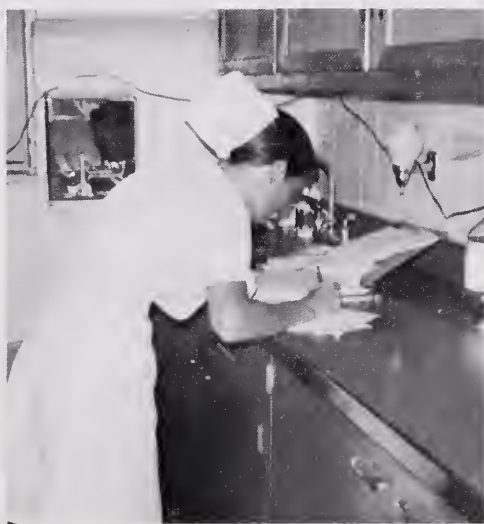


RITA WHITE

I Remember When . . .



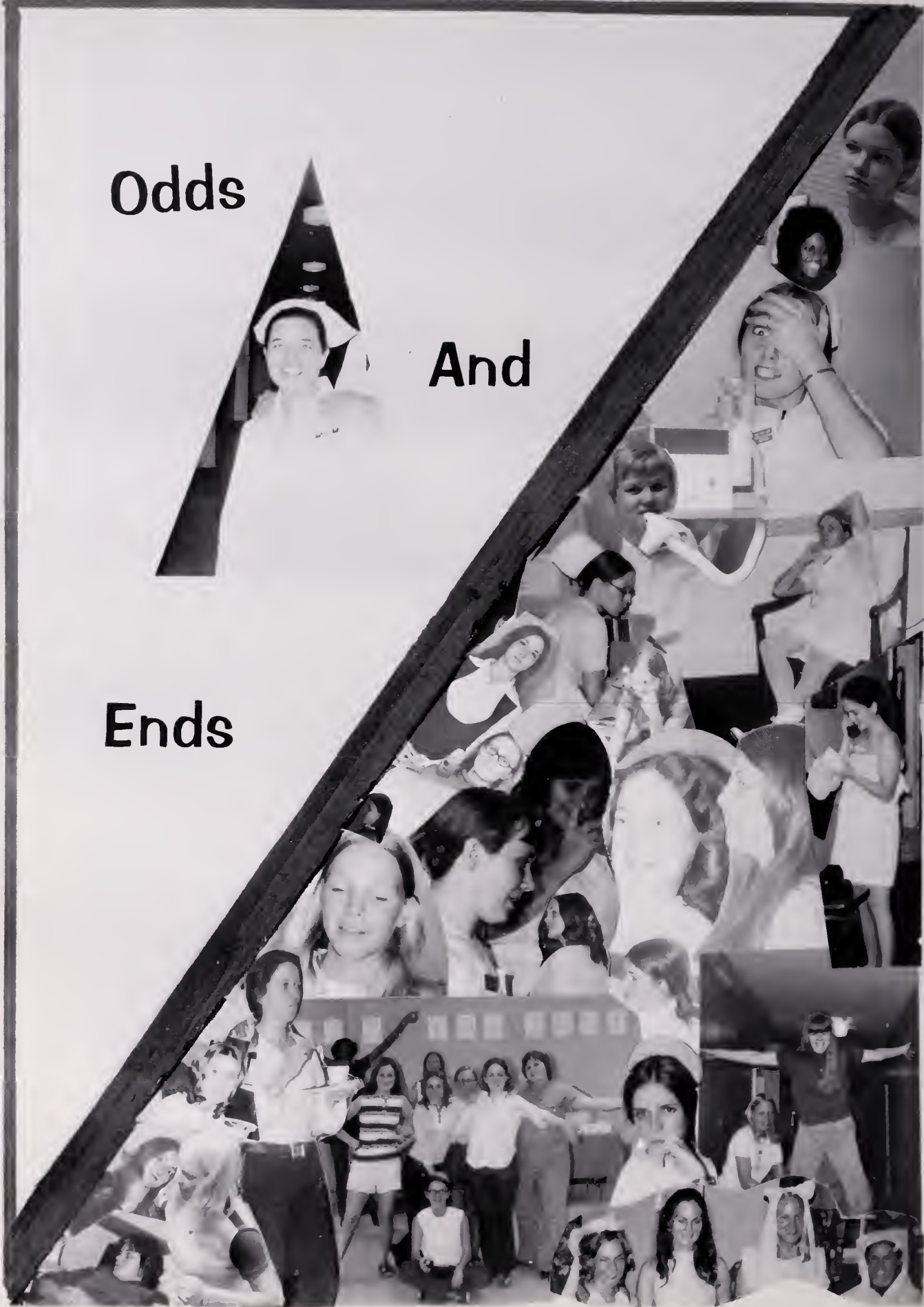




Odds

And

Ends





FRESHMEN

I am the Poem of the Earth, said the voice of the rain,
Eternal I rise impalpable out of the bottomless sea.

Walt Whitman

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OUR CLASS OFFICERS

G. Caprio - - - - - Pres.
 J. Murry - - - - - Treas.
 G. Ervin - - - - - SGA Rep.
 P. Parker - - - - - V. Pres.
 N. Moran - - - - - Chap.
 B. Lubitz - - - - - Parl.
 C. Green - - - - - Sec.



EMILY ALLEN



GERALDINE CAPRIO



SUE DEANE



GLENDA ERVIN



ALICE FERGUSON



JUDY FLY



CHERYL GREEN



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WILLIAM ROTH



LINDA SPARROW



CINDY TALMAN



ALICE TRIGLETH



BRENDA WILLIAMSON



Our Serious Side





Our Fun Side



ORGANIZATIONS

You shall enter the living shelter of the forest.
You shall walk where only the wind has walked before.

Nancy Newhall



Student Government Association



S.G.A. OFFICERS

Mrs. Daniels - Advisor
 Cyndy Rudolph - President
 Mary Kay Dorson - Rec. Secretary

NOT PICTURED:

Vanessa Harmon - Vice-Pres., Connie Schaller - Corres. Secretary, Lorie Schuessler - Historian, June Kube - Nominations Chairman.



CINDY RUDOLPH
 Miss Student Nurse

S.N.A.V. — District I



LOIS BRITTO
 President



DEBBIE BAUM
 Second Vice-President





**A Merry Christmas
from Mrs. Daniels
to her students**







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ACTIVITIES

It is true, I never assisted the sun materially in its rising;
but, doubt not, it was of the last importance only to be present at it.

David Thoreau



And The Year Begins . . .

Getting acquainted with new students and making everyone feel welcome is made easier by an evening of fun called-initiation. Stunts and pranks reign supreme but a bond of friendship is formed between all. The week culminates with an all school picnic where faculty and students enjoy an afternoon of food and frolic together.





















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How lightly might this earth bear man forever!

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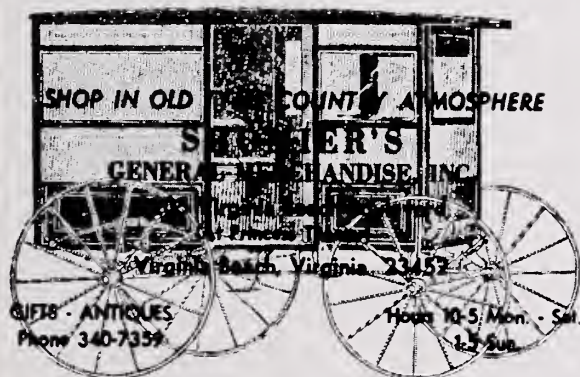
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DOING GOD'S WORK
Now is the time for
action and for deed.
Let us not stumble
blindly, darkly grope
But hold our candle high
and let its flame
Provide a guiding light
for comfort, hope.

Begin! And seize your
opportunities.
There are so many things
that we must do:
Give aid and succor,
banish loneliness,
And bring to weary hearts
strength fresh and new.

And let them know, those
sickened with distress,
That other folk still feel
and love and care.
Today, begin His work, and
He will know
And will receive your
good work as a prayer.

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